CHARTING the LifeCourse











Mapping Reciprocal Roles:

This tool is meant to help individuals and families think through the reciprocal roles that family members play for each other and to help them plan for who could help them fulfill those roles in the future.

Reciprocal Roles		Who serves in this role in the person's life?	In whose life does the person serve in this role?	Who else could do it now or in the future?
Caring ABOUT	Affection and Self-Esteem			
	Repository of Knowledge			
	Lifetime Commitment			
	Provider of day-to-day care			
Caring FOR	Material and Financial Needs			
	Facilitator of Inclusion and Membership			
	Advocate for Support			



MAPPING RELATIONSHIPS

CARING ABOUT	Who serves in this role now?	Looking Ahead	Next Steps
Shares Love, Affection and Trust			
Spends Time and Creates Memories Together			
Knows about Personal Interest, Traditions, Cultures			

CARING FOR	Who serves in this role now?	Looking Ahead	Next Steps
Supports Day-to-Day Needs			
Ensures Material and Financial Needs are Met			
Connects to Meaningful Relationships and Roles			
Advocates and Supports Life Decisions			











